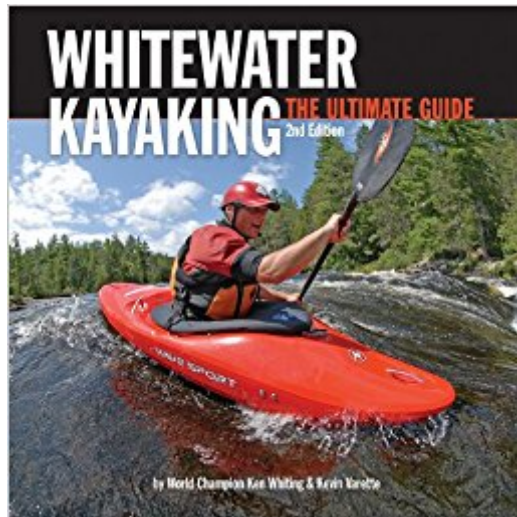




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Whitewater Kayaking, 2nd Edition: The Ultimate Guide



Synopsis

Now in its second edition, *Whitewater Kayaking* has become the established, definitive guide on the sport. Drawing on the combined 30+ years of experience of world-renowned paddlers and instructors Ken Whiting and Kevin Varette, this comprehensive guide covers everything from the most basic skills and concepts to the most advanced, cutting-edge paddling techniques. Whatever you need, you'll find it in this essential whitewater kayaking reference.

Book Information

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Customer Reviews

"Ken's done it again! Like the paddle, helmet or PFD, this book is an essential for every boater!" -- Eugene Buchanan, Editor, *Paddler Magazine*. "Terrific Instruction!" -- Toon, Editor, *Kayak Session Magazine* --This text refers to an alternate Paperback edition.

Now in its second printing, *Whitewater Kayaking: The Ultimate Guide* has become the established, definitive guide on the sport. Drawing on the combined 30+ years of experience of world-renowned paddlers and instructors Ken Whiting and Kevin Varette, this comprehensive guide covers everything from the most basic skills and concepts to the most advanced, cutting-edge paddling techniques. Whatever you need, you'll find it in this essential whitewater kayaking reference. You'll learn about: -Choosing the right equipment -The essential strokes and paddling techniques -The art of reading whitewater -River running -River safety and rescue -Playboating -Creek boating -Paddling in big water -Surf kayaking -Squirt boating -Kayak tripping -And much more...

After doing a fair amount of reading and hunting for good instructional books on kayaking this one is good. The content is current, and image sequences are good, and the text is well written. Covers from basic to intermediate skills, leaving a beginner satisfied that they have learnt a lot, and there is a lot more practice required to do everything in the book.

Bought this book for my husband even though he doesn't like to read. He loves this book for the information given and how it is written. Pictures are great too. He is constantly rereading it--he said its the most helpful book he has read on kayaking ever.

Covers a lot of bases (safety, river reading, gear, rolls etc) and also things you hear people talk about but may never try (e.g. squirt boating). Good to read around WW kayaking especially if you can't be in the water as much as you'd like. Of course no substitute to tuition and practice.

I received OK!!! Excelent!!!

Have not had time to go back to Arkansas and see how accurate the descriptions are.

I got this book as a gift when I was already a solid Class III-IV kayaker, and I was still able to learn a lot to help me improve my paddling. Ken goes into great detail on everything from river features, to basic strokes, advanced creeking and playboating to multi-day trips. This is the one book that any whitewater kayaker (of any skill level) should own. Also, if you've never been in a kayak in your life, but are interested in getting into the sport...buy this book first.

I read this book while learning to roll. Recently, I just tackled my first to runs of the lower Ocoee in Tennessee. This book was a good guide and supplement to my training. It's pretty comprehensive - great for a beginner. And I still reference it now that I'm working on improving my strokes and water recognition. In all, the book was well worth it.

The second edition with its colour illustrations and colour coding of the chapters, makes it an invaluable reference for the Whitewater kayaker.

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